The Youth in Focus survey is led by researchers at the Australian National University. Roy Morgan Research is conducting the survey on behalf of the University. Major funding is provided by the Australian Government Department of Families, Community Services, and Indigenous Affairs and the Australian Research Council.

INTRODUCTION:
Thank you for agreeing to participate in the Youth in Focus survey, and for taking part in the recent telephone interview. Could you now please complete this next part of the survey? It should only take about 10 minutes.

As we mentioned during the telephone interview, your answers will be kept confidential.

RETURNING THE SURVEY TO ROY MORGAN RESEARCH

Please post the survey back to Roy Morgan Research within the next 2-3 days. For your convenience, we have supplied you with a postage paid envelope to use.

Thank you again for agreeing to participate in this important research. If you have any questions or would like to notify us of any change to your contact details, please call 1800 647 466 or email yif@roymorgan.com.

Once we have received your completed questionnaire we will send you a $15 cheque as thanks for participating in the survey.
INSTRUCTIONS:

Please read each question and select the answer which best indicates your situation.

Please complete the survey carefully using black ballpoint pen (not felt). Alternatively use blue pen.

For most of the questions, you will be asked to record your answer by writing an “X” in the appropriate box as shown below.

(example)

Please do not mark any areas outside the box.

Other questions will require a numeric answer and can be filled in like this:

(example)

If you make a mistake, shade out the box completely and cross the appropriate one.

(example)

If you see an instruction like this (Go to A7), you should follow the direction. For example, (Go to A7) means that you should miss all the questions after the one you have just answered until you come to the question marked A7. If you do not see a (Go to) instruction, just answer the next question.

Please answer each section and follow the instructions as required.
LIFESTYLE AND HEALTH

A1. Here is a list of forms of leisure and recreation. Look through the list and mark how often you have done each activity in the last 6 months. Mark one box for each activity.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Never</th>
<th>Sometimes</th>
<th>Often</th>
</tr>
</thead>
<tbody>
<tr>
<td>Watching television or videos</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Going to the movies</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Going to concerts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Going to a pub or club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reading a book</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reading newspapers/magazines</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Visiting friends or having friends visit</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Visiting family or having family visit</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Car driving/riding for pleasure</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Going for a walk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Going to the gym</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jogging/power walking</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aerobics or swimming</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skateboarding, roller skating, etc.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bicycling</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surfing, sailing and other water sports</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Snow skiing/snowboarding</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Playing sport (tennis, golf, football, netball, squash, etc.)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Participating in music, drama, etc.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Watching sport on television</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Watching sport live</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Hobbies (painting, craft, collecting, sewing, photography, etc.)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cooking for pleasure</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Going to the beach, bushwalking</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Playing board games, computer games or cards</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shopping</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please tell us if there are leisure and recreational activities that you have done often in the last 6 months which are not on the list:

| 1 |
| 2 |
| 3 |
## LIFESTYLE AND HEALTH continued

### A2. The following statements describe the way some people feel about how much control they have over their lives. How strongly do you agree or disagree with the following statements?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly disagree</th>
<th>Disagree</th>
<th>Agree</th>
<th>Strongly agree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. There is really no way I can solve some of the problems I have</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Sometimes I feel that I’m being pushed around in life</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. I have little control over the things that happen to me</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. I can do just about anything I really set my mind to</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. I often feel helpless in dealing with the problems of life</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. What happens to me in the future mostly depends on me</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. There is little I can do to change many of the important things in my life</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### A3. In general, how often do you participate in moderate or intensive physical activity for at least 30 minutes?

Moderate level physical activity will cause a slight increase in breathing and heart rate, such as brisk walking. Mark one box only.

- Not at all
- Less than once a week
- 1 – 2 times a week
- 3 times a week
- More than 3 times a week (but not every day)
- Every day

### A4. Do you smoke cigarettes or any other tobacco products?

Mark one box only.

- No, I have never smoked
- No, I no longer smoke
- Yes, I smoke daily
- Yes, I smoke at least weekly (but not daily)
- Yes, I smoke less often than weekly

### A5. How many cigarettes do you usually smoke each week?

Please convert cigar/pipe/loose tobacco to a number of cigarettes.

Total number smoked: 

### A6. Do you smoke more than you want to?

- Yes
- No
LIFESTYLE AND HEALTH continued

EVERYONE PLEASE ANSWER

A7. Do you drink alcohol?
Mark one box only.

- No, I have never drunk alcohol
- No, I no longer drink alcohol
- Yes, I drink alcohol every day
- Yes, I drink alcohol 5 – 6 days per week
- Yes, I drink alcohol 3 – 4 days per week
- Yes, I drink alcohol 1 – 2 days per week
- Yes, I drink alcohol 2 – 3 days per month
- Yes, but only rarely

(Go to A12)

A8. On a day that you would have an alcoholic drink, how many standard drinks do you usually have?
For example a standard drink is a small glass of wine, a 285ml glass of regular beer, a nip/shot of spirits, or a mixed drink, or an equivalent amount of alcohol.
Mark one box only.

- 13 or more standard drinks
- 11 – 12 standard drinks
- 9 – 10 standard drinks
- 7 – 8 standard drinks
- 5 – 6 standard drinks
- 3 – 4 standard drinks
- 1 – 2 standard drinks

A9. Do you drink more often than you want to?

- Yes
- No

A10. Where do you usually drink?
Mark all that apply.

- Your home
- Relative's home
- Friend's home
- Parties
- Pub, bar, club, etc.
- Restaurant
- Park or street
- Other (please specify)

4
5
LIFESTYLE AND HEALTH continued

A11. Who do you usually drink with?
Mark all that apply.

- Parents
- Partner
- Friends
- Workmates
- Alone
- Other (please specify)

EVERYONE PLEASE ANSWER

A12. Have you ever tried marijuana?

- Yes
- No (Go to A16)

A13. How old were you the first time you used marijuana?

Write age in years:

A14. Have you used marijuana in the past 12 months?

- Yes
- No (Go to A16)

A15. How often do you use marijuana?
Once a week or more
Once a month
Every 2 – 4 months
Once or twice a year
Less often or no longer use

EVERYONE PLEASE ANSWER

A16. Are you currently an active member of a sporting, hobby or community-based club or organisation?

- Yes
- No

A17. Do you have access to a car or a motorcycle?

- Yes, own car
- Yes, own motorcycle
- Yes, car/motorcycle provided by employer
- Yes, car/motorcycle belonging to another family member
- Yes, car/motorcycle belonging to someone else (please specify the car-owner's relationship to you)
- No, but have a driver's licence
- No, don't have a driver's licence
EVERYONE PLEASE ANSWER

FAMILY AND FRIENDS

BA. The next few questions are about your relationship with your mother. If you do not currently have a relationship with your mother, please answer considering the person who mostly fulfils the role of mother for you and indicate here how that person is related to you (e.g. grandmother, older sister):

No one fulfils the role of your mother, or it is fulfilled by your father/other parent  ☐  Go to BB

B1. Does your mother know who your friends are?
Mark one box only.

- Does not know any of my friends ☐
- Knows some of my friends ☐
- Knows all of my friends ☐

B2. How much does your mother want to know about:
Mark one box for each statement.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Doesn't want to know</th>
<th>Wants to know a little</th>
<th>Expects to know</th>
</tr>
</thead>
<tbody>
<tr>
<td>Where you go at night</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>What you do with your free time</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Where you are most days after school or in the afternoon</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

B3. How much does your mother really know about:
Mark one box for each statement.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Doesn't know</th>
<th>Knows a little</th>
<th>Knows a lot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Where you go at night</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>What you do with your free time</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Where you are most days after school or in the afternoon</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

EVERYONE PLEASE ANSWER

BB. The next few questions are about your relationship with your father. If you do not currently have a relationship with your father, please answer considering the person who mostly fulfils the role of father for you and indicate here how that person is related to you (e.g. uncle, grandfather):

CC.

No one fulfils the role of your father, or it is fulfilled by your mother/other parent  ☐  Go to C1

B4. Does your father know who your friends are?
Mark one box only.

- Does not know any of my friends ☐
- Knows some of my friends ☐
- Knows all of my friends ☐
FAMILY AND FRIENDS continued

B5. How much does your father want to know about:  
Mark one box for each statement.

- Doesn’t want to know
- Wants to know a little
- Expects to know

Where you go at night
What you do with your free time
Where you are most days after school or in the afternoon

B6. How much does your father really know about:  
Mark one box for each statement.

- Doesn’t know
- Knows a little
- Knows a lot

Where you go at night
What you do with your free time
Where you are most days after school or in the afternoon

EDUCATION VALUES

EVERYONE PLEASE ANSWER

C1. How important do your friends think it is to work hard at school/university/TAFE?  
Mark one box only.

- Not important
- A bit important
- Fairly important
- Very important

C2. How important do you think it is to work hard at school/university/TAFE?  
Mark one box only.

- Not important
- A bit important
- Fairly important
- Very important

C3. How important does your mother think it is to work hard at school/university/TAFE?  
Mark one box only.

- Not important
- A bit important
- Fairly important
- Very important

C4. How important does your father think it is to work hard at school/university/TAFE?  
Mark one box only.

- Not important
- A bit important
- Fairly important
- Very important
LIFE EVENTS AND CHILDHOOD

D1. Have you ever lived away from home at a boarding school?

Yes ☐ No ☐

D2. Have any of the following ever happened to you?
Mark one box for each statement.

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Someone close to you died?</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Your family had a major financial crisis?</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Someone in your household had an alcohol problem?</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Someone in your household had a drug-use problem?</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

D3. Has any of the following ever occurred?
Mark all that apply.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>You ran away from home</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>You got into trouble with the police</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>You had problems with alcohol</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>You started using illicit drugs</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>You attended child/juvenille court due to</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>juvenile offending</td>
<td></td>
<td></td>
</tr>
<tr>
<td>You started to hang out with a bad crowd</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>You became pregnant/got someone pregnant</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>You were seriously injured or assaulted</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>You were treated for a mental or emotional issue</td>
<td>☐</td>
<td></td>
</tr>
</tbody>
</table>

D4. Have you ever had contact with any of the following?

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Guidance officer</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Children’s services</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Police or juvenile aid</td>
<td>☐</td>
<td></td>
</tr>
</tbody>
</table>

D5. When you were younger did your parent(s) or other persons responsible for you read to you at night?
Mark one box only.

<p>| | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Every night</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Often</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Sometimes</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Not very often</td>
<td>☐</td>
<td></td>
</tr>
<tr>
<td>Not at all</td>
<td>☐</td>
<td></td>
</tr>
</tbody>
</table>
D6. Did your parent(s) or other persons responsible for you help you with such things as school work, choosing your options, or preparing for exams?
Mark one box only.

- All the time
- Often
- Sometimes
- Not very often
- Not at all

D7. Overall how would you describe your childhood (including teenage years)?
Mark one box only.

- My childhood was very happy
- My childhood was pretty happy
- My childhood was unhappy
- My childhood was very unhappy

E1. Is there anything about your past or current situation we have not covered in the telephone interview or in this survey, that you would like to tell us?

Thank you for your help with the survey.
Please return the survey in the pre-paid envelope provided.